

Date	Start	Event Name	Location
Wed 06/01/2016	10:00 am	Summer Workout Program - All Athletes (non football)	Herrington Stadium KLAC Weight Room
Thu 06/02/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 06/06/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 06/07/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 06/08/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 06/09/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 06/13/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 06/14/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 06/15/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 06/16/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 06/20/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 06/21/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 06/22/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 06/23/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 06/27/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 06/28/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 06/29/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 06/30/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 07/11/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium

Date	Start	Event Name	Location
Tue 07/12/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 07/13/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 07/14/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Mon 07/18/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 07/19/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Wed 07/20/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Thu 07/21/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium
Tue 03/21/2017	5:00 pm	Lady Guard Softball @ Grace (AWAY)	Grace Community School (6th-12th)
<del>Thu 03/30/2017</del>	<del>7:00 pm</del>	<del>Lady Guard Softball vs. TK German (HOME)</del>	<del>Schwab Softball Field</del>
Thu 04/06/2017	5:00 pm	Lady Guard Softball @ Grace (AWAY)	Grace Community School (6th-12th)
Thu 05/11/2017	3:00 pm	Physicals US/MS	Gym
Mon 05/15/2017	6:00 pm	US Athletic Gala	LS Gymnasium LS Lower School