

Date	Start	Event Name	Location	Group
Mon 11/03/2014	5:30 pm	Middle School Girls Basketball vs Murchison - Away	Murchison High School	7th Grade Girls Basketball 8th Grade Girls Basketball MS Girls Basketball
Thu 11/13/2014	4:30 pm	7th Girls Basketball vs Cumberland - Home	Brook Hill Upper School	7th Grade Girls Basketball MS Girls Basketball
Thu 11/13/2014	5:30 pm	8th Girls Basketball vs Cumberland - Home	Brook Hill Upper School	MS Girls Basketball 8th Grade Girls Basketball
Mon 11/17/2014	6:00 pm	8th Grade Girls Basketball vs Longview Christian Heritage - Away	Christian Heritage School of Longview	8th Grade Girls Basketball MS Girls Basketball
Thu 11/20/2014	5:00 pm	7th Grade Girls Basketball vs Cumberland - Home	Brook Hill Lower School LS Gymatorium	7th Grade Girls Basketball MS Girls Basketball
Thu 11/20/2014	6:00 pm	8th Grade Girls Basketball vs Cumberland - Home	Brook Hill Lower School LS Gymatorium	MS Girls Basketball 8th Grade Girls Basketball
Mon 12/08/2014	4:00 pm	7th Grade Girls Basketball vs Longview Christian Heritage - Home	LS Gymatorium Brook Hill Lower School	7th Grade Girls Basketball MS Girls Basketball
Mon 12/08/2014	5:00 pm	8th Grade Girls Basketball vs Longview Christian Heritage - Home	LS Gymatorium Brook Hill Lower School	8th Grade Girls Basketball MS Girls Basketball
Thu 01/08/2015	5:30 pm	8th Girls Basketball vs Grace - Away	Grace Community School (6th-12th)	MS Girls Basketball 8th Grade Girls Basketball
Sat 01/10/2015	All Day	Middle School Girls Basketball Tournament Lindale	Lindale High School	MS Girls Basketball
Sat 01/10/2015	All Day	Brook Hill Basketball League	Brook Hill Lower School Brook Hill Middle School Brook Hill Upper School LS Gymatorium Herrington Sportscenter	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Mon 01/12/2015	5:30 pm	8th Grade Girls Basketball vs All Saints - Away	All Saints Episcopal	8th Grade Girls Basketball MS Girls Basketball
Mon 01/12/2015	6:45 pm	7th Grade Girls Basketball vs All Saints - Away	All Saints Episcopal	7th Grade Girls Basketball MS Girls Basketball
Thu 01/15/2015	5:30 pm	8th Grade Girls Basketball vs TK Gorman - Home	Herrington Sportscenter Brook Hill Upper School	8th Grade Girls Basketball MS Girls Basketball
Thu 01/15/2015	6:45 pm	7th Grade Girls Basketball vs TK Gorman - Home	LS Gymatorium Brook Hill Lower School	7th Grade Girls Basketball MS Girls Basketball

Date	Start	Event Name	Location	Group
Sat 01/17/2015	All Day	Brook Hill Basketball League	Herrington Sportscenter LS Gymatorium Brook Hill Upper School Brook Hill Middle School Brook Hill Lower School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Thu 01/22/2015	5:30 pm	8th Grade Girls Basketball vs Grace- Home	Herrington Sportscenter Brook Hill Upper School	8th Grade Girls Basketball MS Girls Basketball
Thu 01/22/2015	6:45 pm	7th Grade Girls Basketball vs Grace - Home	LS Gymatorium Brook Hill Lower School	7th Grade Girls Basketball MS Girls Basketball
Sat 01/24/2015	All Day	Brook Hill Basketball League	Herrington Sportscenter LS Gymatorium Brook Hill Upper School Brook Hill Middle School Brook Hill Lower School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Mon 01/26/2015	5:30 pm	8th Grade Girls Basketball vs All Saints - Home	Herrington Sportscenter Brook Hill Upper School	8th Grade Girls Basketball MS Girls Basketball
Mon 01/26/2015	6:45 pm	7th Grade Girls Basketball vs All Saints - Home	LS Gymatorium Brook Hill Lower School	7th Grade Girls Basketball MS Girls Basketball
Thu 01/29/2015	5:30 pm	8th Grade Girls Basketball vs TK Gorman - Away	TK Gorman Catholic School	8th Grade Girls Basketball MS Girls Basketball
Thu 01/29/2015	6:45 pm	7th Grade Girls Basketball vs TK Gorman - Away	TK Gorman Catholic School	7th Grade Girls Basketball MS Girls Basketball
Sat 01/31/2015	All Day	MS Boys/Girls TAPSAC Basketball Tournament	All Saints Episcopal	7th Grade Boys Basketball 8th Grade Boys Basketball MS Boys Basketball MS Girls Basketball

Date	Start	Event Name	Location	Group
Sat 01/31/2015	All Day	Brook Hill Basketball League	Herrington Sportscenter LS Gymatorium Brook Hill Middle School Brook Hill Lower School Brook Hill Upper School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Sat 02/07/2015	All Day	Brook Hill Basketball League	Brook Hill Middle School Brook Hill Lower School Herrington Sportscenter LS Gymatorium Brook Hill Upper School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Sat 02/14/2015	All Day	Brook Hill Basketball League	Herrington Sportscenter LS Gymatorium Brook Hill Upper School Brook Hill Middle School Brook Hill Lower School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Sat 02/21/2015	All Day	Brook Hill Basketball League	Herrington Sportscenter LS Gymatorium Brook Hill Upper School Brook Hill Middle School Brook Hill Lower School	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade Girls Basketball JV Boys Basketball JV Girls Basketball MS Boys Basketball MS Girls Basketball Varsity Boys Basketball
Wed 04/29/2015	8:00 am	Middle School Athletic Assembly	Brook Hill Middle School LH The Commons	(More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Boys Baseball MS Boys Basketball MS Boys Soccer MS Cheer MS Cross Country MS Girls Basketball MS Girls Soccer MS Girls Softball MS Girls Volleyball MS Track 7th Grade - MS Football 8th Grade - MS Football
Wed 05/06/2015	3:00 pm	Athletic Physicals	Brook Hill Middle School Brook Hill Upper School Herrington Sportscenter	7th Grade - MS Football 8th Grade Girls Volleyball 8th Grade Girls Basketball 8th Grade Boys Basketball 8th Grade - MS Football 7th Grade Girls Volleyball 7th Grade Girls Basketball 7th Grade Boys Basketball MS Boys Baseball MS Boys Basketball MS Boys Soccer MS Cheer MS Cross Country MS Girls Basketball MS Girls Soccer MS Girls Softball MS Girls Volleyball MS Tennis MS Track Administration - Athletics JV Boys Baseball JV Boys Basketball JV Boys Golf (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) JV Football JV Girls Basketball JV Girls Volleyball Varsity Boys Basketball Varsity Boys Golf Varsity Boys Baseball Varsity Boys Soccer Varsity Boys Tennis Varsity Cheer Varsity Cross Country Varsity Football Varsity Girls Basketball Varsity Girls Golf Varsity Girls Soccer Varsity Girls Softball Varsity Girls Tennis Varsity Girls Volleyball Varsity Track
Fri 11/13/2015	All Day	MS Girls Basketball @ Henderson Jr. High (AWAY)	HENDERSON MIDDLE	MS Girls Basketball
Sat 11/14/2015	All Day	MS Girls Basketball @ Henderson Jr. High (AWAY)	HENDERSON MIDDLE	MS Girls Basketball
Thu 11/19/2015	5:00 pm	MS Girls Basketball vs Cumberland Academy (AWAY)	Brook Hill Upper School Brook Hill Lower School	MS Girls Basketball
Mon 12/14/2015	5:00 pm	7th Girls Basketball vs. Murchison (AWAY)	Murchison High School	MS Girls Basketball
Sat 01/09/2016	All Day	MS Girls Basketball Tournament @ Lindale (AWAY)	Lindale High School	MS Girls Basketball
Sat 01/30/2016	TBD	TAPSAC District Tournament MS Boys Basketball @ All Saints	All Saints Episcopal	MS Boys Basketball MS Girls Basketball
Sat 01/30/2016	TBD	TAPSAC District Tournament MS Girls Basketball @ All Saints	All Saints Episcopal	MS Boys Basketball MS Girls Basketball
Wed 06/01/2016	10:00 am	Summer Workout Program - All Athletes (non football)	Herrington Stadium KLAC Weight Room	MS Boys Baseball JV Boys Baseball Varsity Boys Baseball 7th Grade Boys Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) 7th Grade Girls Basketball 8th Grade Boys Basketball MS Boys Basketball JV Boys Basketball JV Girls Basketball MS Girls Basketball US Basketball Varsity Boys Basketball Varsity Girls Basketball MS Girls Softball JV Girls Softball Varsity Girls Softball MS Track JV Track Varsity Track MS Cross Country JV Cross Country Varsity Cross Country MS Girls Volleyball JV Girls Volleyball Varsity Girls Volleyball
Thu 06/02/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 06/06/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track

Date	Start	Event Name	Location	Group
Tue 06/07/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 06/08/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 06/09/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 06/13/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Tue 06/14/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 06/15/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 06/16/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 06/20/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Tue 06/21/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 06/22/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 06/23/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 06/27/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	Varsity Girls Softball Varsity Girls Volleyball 7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Track
Tue 06/28/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 06/29/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 06/30/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 07/11/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Tue 07/12/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 07/13/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 07/14/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Mon 07/18/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Tue 07/19/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Wed 07/20/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Thu 07/21/2016	10:00 am	Summer Workout Program - All Athletes (non football)	KLAC Weight Room Herrington Stadium	7th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Boys Basketball JV Boys Baseball JV Boys Basketball JV Cross Country JV Girls Basketball JV Girls Softball JV Girls Volleyball JV Track MS Boys Baseball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) MS Boys Basketball MS Cross Country MS Girls Basketball MS Girls Softball MS Girls Volleyball MS Track US Basketball Varsity Boys Baseball Varsity Boys Basketball Varsity Cross Country Varsity Girls Basketball Varsity Girls Softball Varsity Girls Volleyball Varsity Track
Sat 11/05/2016	9:00 am	MS Girls Basketball @ Henderson Tournament (AWAY)	HENDERSON MIDDLE	MS Girls Basketball 7th Grade Girls Basketball 8th Grade Girls Basketball
Mon 11/07/2016	TBD	7A/8A MS Girls Basketball vs. Lindale (AWAY)	Lindale Junior High	MS Girls Basketball 8th Grade Girls Basketball 7th Grade Girls Basketball
Mon 11/14/2016	5:00 pm	8A MS Girl's Basketball vs. Murchison (HOME)	Herrington Sportscenter	MS Girls Basketball
Thu 12/08/2016	5:30 pm	7th MS Girls Basketball vs. Jacksonvill (HOME)	LS Lower School LS Gymnasium	MS Girls Basketball
Thu 12/08/2016	6:45 pm	8th MS Girls Basketball vs. Jacksonvill (HOME)	LS Gymnasium LS Lower School	MS Girls Basketball
Sat 01/28/2017	TBD	Ms Girls Basketball @ TAPSAC Tournament (AWAY)	All Saints Episcopal	MS Girls Basketball 7th Grade Girls Basketball 8th Grade Girls Basketball
Thu 05/11/2017	3:00 pm	Physicals US/MS	Gym	7th Grade - MS Football 7th Grade Boys Basketball 7th Grade Girls Basketball 7th Grade Girls Volleyball 8th Grade - MS Football 8th Grade Boys Basketball (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) 8th Grade Girls Basketball 8th Grade Girls Volleyball MS Boys Baseball MS Boys Basketball MS Boys Soccer MS Cheer MS Cross Country MS Girls Basketball MS Girls Soccer MS Girls Softball MS Girls Volleyball MS Tennis MS Track Cadet Drill Team JV Boys Baseball JV Boys Basketball JV Boys Golf JV Boys Soccer JV Boys Tennis JV Cross Country JV Football JV Girls Basketball JV Girls Golf JV Girls Soccer JV Girls Softball JV Girls Tennis JV Girls Volleyball JV Track US Basketball US Swimming Varsity Boys Baseball Varsity Boys Basketball Varsity Boys Golf Varsity Boys Soccer Varsity Cheer (More on next page)

Date	Start	Event Name	Location	Group
				(Continued from previous page) Varsity Cross Country Varsity Football Varsity Girls Golf Varsity Girls Soccer Varsity Boys Tennis Varsity Girls Softball Varsity Girls Basketball Varsity Girls Tennis Varsity Girls Volleyball Varsity Track